



# WINDSOR MOUNTAIN

## 2012 STUDENT TRAVEL



*Exploring the World Since 1967.*

# Who chooses Windsor Mountain Student Travel?

*Students and staff who are energetic, caring, adventurous, thoughtful, intelligent, motivated, team-oriented and curious about the world around them.*



## Our Philosophy

Windsor Mountain began exploring the world with students in 1967. Through almost half a century of student travel experience, we have consistently led the way in creating innovative, ground-breaking and authentic travel experiences. With an impeccable safety record, we specialize in creating fun and enriching programs involving community building, leadership development, outdoor adventure, language learning, cultural understanding, and environmental awareness. Through life-changing travel experiences, our travelers grow and learn interpersonal skills that they carry with them long after their return.

## Our Values

No matter the destination, we strive to impart to our students the core Windsor Mountain values of appropriate risk-taking, respect and responsibility.

Taking a risk means embracing the exploration of uncharted territories and stepping out of your comfort zone. Every year, we hear our students say, "This is the first time I have ever...slept out under the stars...tried rock climbing... opened up to a group...understood how lucky I am... learned how much I take for granted..." We create a safe environment in which students can challenge their limits while having fun.

As ambassadors of friendship, Windsor Mountain students and their leaders create mini-communities founded upon mutual respect: leaders for students, students for leaders, students for one another, and respect for the peoples and cultures they encounter.

Students learn to be responsible for themselves and each other, as each contributes to the group whether through cooking, cleaning, navigating, planning, or packing. Sometimes group living involves extra effort to help others complete a task or helping for the good of the whole. On a Windsor Mountain trip, responsibility means personal integrity and adopting a group-first attitude in all things.

## Live Simply

Windsor Mountain students live and travel simply. Everything necessary for participation in our programs can easily fit into a travel backpack and daypack (book bag). Our accommodations are equally practical: some in tents, some in youth hostels, school dormitories, and home stays, and in some cases, hotels. This commitment to simplicity allows students to experience each culture from the ground level, which enhances the authenticity of our programs.

## Trip Leaders

The most important aspect of Windsor Mountain Student Travel is our staff. Our leaders are mature, well-educated, responsible, experienced and care deeply about what they do. They are professional educators over the age of 23 who are curious about the world, and many have backgrounds in classroom teaching, outdoor education, international relations and humanitarian aid. They are motivated to affect positive change and care about what happens after we leave our destinations.

We hire leaders who have residential experience and are fluent in the language of the destination country; are lifeguard, CPR, Wilderness First Responder and first-aid certified; and have significant professional experience working with teenage students in a leadership role. All of our leaders participate in a two-week orientation program, which is the most comprehensive in the industry. Our leaders are passionate about our programs and work tirelessly to create meaningful and enriching experiences our students will remember for a lifetime.

# What we do...

## Service Learning

Windsor Mountain community service takes the spirit of volunteerism one step further by channeling our students' energy into meaningful work that serves vital community needs. Through hard-working fun, serious effort and genuine cooperation, our students learn and achieve more than they ever dreamed possible while contributing where there is demonstrated need.

## Leadership

Windsor Mountain Travel programs offer the chance for students to tap their inner strength and unlock their unlimited leadership potential. As positive, proactive members of a small group where accountability is everything, our students learn not only responsibility, commitment, and follow-through, but also how to get along with people in dynamic, task-oriented situations. From service projects such as designing and leading "Friendship Camps" for local children, assisting with infrastructure improvements and participating in rainforest preservation initiatives to wilderness adventure challenges, such as navigating a remote section of backcountry, shooting that final rapid or motivating peers to climb that last peak, our students learn what it means to work towards a common goal and how to be a positive force for good, the essence of leadership.

## Wilderness Adventure & Environmental Awareness

At Windsor Mountain we teach our students the joy of being outdoors, strengthen their awareness of the cycles of the natural world, and challenge their perceived personal limitations with outdoor adventure activities such as alpine mountaineering, hiking, kayaking, white-water rafting, canoeing, surfing, snorkeling, rock climbing, canyoning, jungle ziplining, and cycling. Whether learning the basics of Leave-No-Trace camping or picking up a new paddling technique, our students measure themselves against the great outdoors on a daily basis, and feel the thrill of accomplishing things they previously thought were impossible. We impart a mindful worldview and embrace the concept of 'environmentality', in which each individual understands and accepts responsibility for treating the beautiful planet that we call home with respect and care.

## Cultural Exchange

Windsor Mountain is an organization driven by experienced world travelers. When we pack our bags and set out on an adventure, we are most interested in meeting new people and establishing lasting ties of friendship through shared experiences. Our goal is to see beyond stereotypes and tourist attractions to discover true culture—our students join with peers from their host countries and participate side-by-side in fun activities and challenging service work.

## Language Learning

On our language immersion programs, we offer top-notch classroom instruction from experienced, professional teachers. But classroom study can take language skills only so far. The best way to learn a language is to plunge headfirst into the world! Surrounded by the sounds and rhythms of native speakers, our students jump the learning curve and return home with vastly improved conversational skills.

## Creative Arts

Music, dance, theatre, and visual arts unite people from widely divergent backgrounds in a joyous celebration of the creative human spirit. Singing songs and making plays have been at the heart of the Windsor Mountain experience since the founding of our International Summer Camp in 1961. We can think of no better way to cross cultural boundaries than to sing, dance, and laugh together.



# Southern Africa



**DATES:** 7/2 - 7/27 • 26 days • 15 students, Grades 9-12 • **SERVICE HOURS:** 30-40 • **PROGRAM FEE:** \$5,195  
**Begins and ends in Johannesburg; group flight JFK-Johannesburg • Accommodations:** youth hostels, dorms, camping  
**Major Equipment Needs:** sleeping bag, day pack, multi-sport outdoor shoes, warm clothes

The spectacular landscape of Southern Africa is as diverse as its people: desert plains become rolling hills, mountain ranges reach to rocky coastlines. The beautiful faces and voices of the Zulu, Xhosa, Siswati, and Tsonga peoples radiate an exuberance and passion for life that is awe-inspiring. Rising from the State-sanctioned racial segregation of Apartheid, the people of South Africa are rebuilding their country upon concepts of kindness and understanding, guided by one of the most progressive constitutions ever written. Contribute to this effort by committing yourself to meaningful, challenging service work that will forever change the way you look at the world.

## PROGRAM HIGHLIGHTS

- Discover, explore, and enhance leadership and teaching skills by designing and leading a Friendship Camp for young children.
- Work with activists and artists from the Umbuyisa School of Art and the Kliptown Youth Choir to learn about the ongoing struggle for freedom in Soweto.
- Volunteer at the SOS Red Cross Children's Village in Swaziland.
- Take a day hike in the beautiful Drakensburg Mountains.
- Learn to bring international communities together through leadership and games.
- Work with the villagers of the Malealea Development Trust on a road building project in the mountains of Lesotho.
- Develop a deeper understanding of the HIV/AIDS crisis in Southern Africa.
- Expand language skills, learning phrases in isiZulu, Siswati, and more.
- Learn first-hand about and contribute to grassroots efforts to battle the devastating effects of poverty.





**DATES:** 7/1 - 7/27 • 27 days • 15 students, Grades 9-12 • **SERVICE HOURS:** 30-40 • **PROGRAM FEE:** \$4,795  
**Begins and ends in Windsor, NH (airfare to/from St. Vincent not included)** • **Accommodations:** community and beach houses  
**Major Equipment Needs:** multi sport shoes and daypack

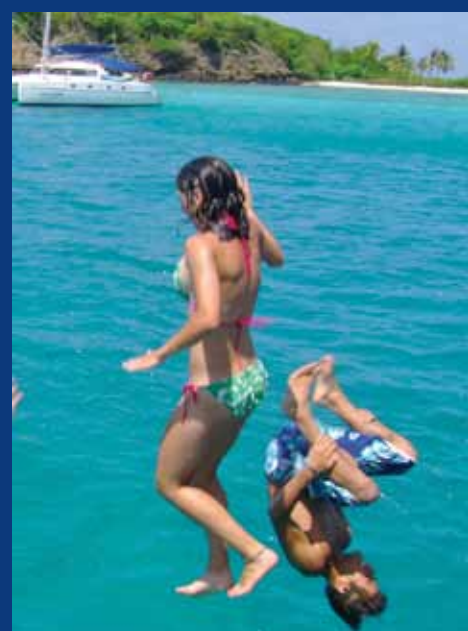


The Caribbean islands are breathtaking: white sand beaches, crystal-clear blue water, coral reefs teeming with aquatic life, spectacular natural blowholes, and mountaintop views, all framed by idyllic sunrises and sunsets. Surrounded by surf, sun and fun, Caribbean students will make a difference by engaging in hands-on service learning projects that grow organically from activities that promote genuine cross-cultural exchange.

Guided by experienced trip leaders, our students get to know the people of the islands and then design and lead two five-day summer camps for local children. These Friendship Camps are the core of the Caribbean program and an ideal way to achieve the fundamental goals of Windsor Mountain Student Travel.

## PROGRAM HIGHLIGHTS

- Discover, explore, and enhance leadership and teaching skills by creating and leading two Windsor Mountain Friendship Camps for the island kids.
- Work with Peace Corps volunteers on community service projects.
- Get a taste of 'real Caribbean life' by spending ten days in the small inland town of Lauders.
- Explore the hidden culture of the island: Hike La Soufriere Volcano, discover Dark View Falls and the Owia Salt Ponds.
- Volunteer at the Old Hegg Turtle Sanctuary on Bequia.
- Swim, snorkel, hike, and explore the natural beauty of the islands.
- Sail the classic schooner The Friendship Rose to the crystal clear blue waters of The Tobago Cays.
- Make new friends and have the experience of a lifetime!





**DATES:** 7/1 - 7/21 • 21 days • 15 students, Grades 9-12 • **SERVICE HOURS:** 20-30 • **PROGRAM FEE:** \$3,995  
**Begins and ends in Cusco, Peru; group flight JFK-Cusco • Accommodations:** homestays, rustic cabins, hostels and dormitories  
**Major Equipment Needs:** winter sleeping bag, day pack, sturdy hiking shoes

At the crossroads of the ancient and the modern, Peru fascinates, intrigues, and beguiles the traveler. The Sacred Valley has endured for centuries as a testament to the cultural brilliance of the Incan Empire. The terraces, temples, and palaces of Machu Picchu beckon adventurers from all corners of the earth. Windsor Mountain student travelers will live, learn, make new friends, and have ridiculous amounts of fun in this breathtaking location—The Sacred Valley of Peru.

## PROGRAM HIGHLIGHTS

- Improve your formal Spanish during top quality Spanish language classes.
- Jumpstart your conversational Spanish skills through daily personalized tutoring sessions and hands-on language assignments.
- Explore the living Incan City of Ollantaytambo.
- Learn about rural life in Peru in the tiny village of Almeria: work in the greenhouse cultivating vegetables in the morning, play soccer with local kids in the afternoon, and brainstorm ideas for your Friendship Camp in the evening.
- Make adobe bricks the old fashioned way—can you say MUDFIGHT.
- Dance, sing, and have a blast while participating in traditional Folk Festivals with your Peruvian hosts.
- Volunteer at Salesiano School for Boys.
- Hike the Inca Trail to Machu Picchu, Waynu Picchu, and Putucusi.
- Paddle a sea kayak across the highest navigable lake on earth—Lake Titicaca.
- Test your leadership skills by creating and leading a Windsor Mountain Friendship Camp for the children of Almeria Solidaria.





**DATES:** 7/1 - 7/21 • 21 days • 15 students, Grades 9-12 • **SERVICE HOURS:** 5-10 • **PROGRAM FEE:** \$3,995  
Begins and ends in Paris, France; group flight JFK-Paris • **Accommodations:** camping, hostels, houses/flats  
**Major Equipment Needs:** sleeping bag and pad, day pack, multi-sport outdoor shoes



Immerse yourself in everything français: greet the local baker in Fontainebleau as you stroll home with warm baguettes for your group, explore the gorgeous gorges of southern France, and sit in a Parisian café while soaking in the fabulous culture. Windsor Mountain's French Language and Culture program reflects our years of experience organizing language learning through intercultural immersion. Daily rituals of buying food, locating campsites and navigating routes take on added dimensions when you have to do it in French!

## PROGRAM HIGHLIGHTS

- Take a whirlwind tour of the City of Lights: climb the Eiffel Tower, stroll down the Champs Elysees, browse classic art at the Louvre, ride the Ferris Wheel in the Jardin des Tuileries, rub elbows with poets, students, and artists in the Latin Quarter, marvel at the repurposed train station the Musee D'Orsay, walk the steps up to Montmartre, explore the tiny streets of the Marais, and more.
- Improve French language skills during a 10 day immersion course which includes classroom activities, conversational assignments, and plenty of interaction with locals: nothing beats hearing the sounds and rhythms of native speakers every day!
- Visit an organic farm and learn how to cook an authentic Provençal meal. Follow the journey of your food from the farm to the table. Learn to eat the French way: slowly, mindfully, with several extra helpings of laughter and camaraderie.
- Road-trip with your group through the Alpes-Maritimes to the Riviera. Explore tiny, quiet villages nestled high in the mountains and tucked away in verdant valleys.
- Experience the overwhelming artistic energy of the Avignon International Theatre Festival.
- Finale on the idyllic beaches of the French Riviera.





**DATES:** 6/30 - 7/17 • 18 days • 15 students, Grades 9-12 • **SERVICE HOURS:** 15-20 • **PROGRAM FEE:** \$3,595  
Begins and ends in Quito, Ecuador; group flight JFK-Quito • **Accommodations:** homestays, rustic cabins and hostels  
**Major Equipment Needs:** winter sleeping bag, day pack, sturdy hiking shoes

Ecuador's geography and incredible bio-diversity is perfect for a summer of outdoor fun and adventure. From the snow-capped peaks of the Andes Mountains, to the lush Amazon Rainforest teeming with exotic life, to the perfect beaches and mysterious mangrove forests of the Pacific Coast—this program has everything you could want.

But adrenaline-charged adventure is not all we offer in Ecuador. Our group will explore the diverse cultures of this fascinating country. We also will spend time in Quito, a city packed with Colonial architecture and landmarks. This trip is sure to create lasting memories for all.

## PROGRAM HIGHLIGHTS

- Visit Cotopaxi National Park and climb to the 1st refuge of Cotopaxi, the highest active volcano in the world.
- Explore the Amazon rainforest by hiking winding jungle trails, climbing picturesque waterfalls, plunging into crystal clear swimming holes, and riding horses along traditional pack-routes.
- Thrill to the big whitewater on a day-long rafting excursion down the Rio Jatunyacu.
- Canoe down the winding Napo river through dense vegetation, past isolated villages dotted with thatch-roofed houses, and through breathtaking hidden canyons.
- Learn about the people and culture of Ecuador during family home stays in Quito.
- Give back to the communities you visit by creating a Friendship Camp for Ecuadoran children.
- Swim in the gorgeous hot springs of Papallacta.
- Speed across a zipline in canopy of the Mindo Cloud Forest.







# Puerto Rico

DATES: 7/2 - 7/16 • 15 days • 15 students, Grades 8-10 • SERVICE HOURS: 15-20 • PROGRAM FEE: \$2,995  
Begins and ends in San Juan, Puerto Rico; group flight JFK-San Juan • Accommodations: hotels, youth hostels, rustic camping  
Major Equipment Needs: sleeping bag and pad, day pack, multi-sport outdoor shoes



Puerto Rico is a proud island nation rich with cultural traditions, abundant wildlife, stunning beaches, and the only tropical rainforest in the U.S. National Park system. Rhythm and music, Caribbean Spanish, and delicious traditional cooking make Puerto Rico an exciting first-step international summer travel destination. Windsor Mountain has created a unique program offering students the perfect combination of leadership training, cultural immersion, outdoor adventure, education, and fun in the sun!

## PROGRAM HIGHLIGHTS

- Night kayak on the Vieques BioBay: leave angelic traces in the water as you swim through the highest concentration of luminous dinoflagellates on earth: these little critters GLOW.
- Snorkel right off the beach from the seaside village of Esperanza. You'll love the encyclopedic local knowledge of our long-time guide, Abe.
- Explore the pristine Toro Negro Rainforest during two epic days of canyoning, hiking, climbing, and ziplining.
- Learn to surf on the perfect beaches of Aguadilla: will you be the first in your group to stand up and catch a wave?
- Study rainforest preservation and sustainable forestry at the Las Casas de la Selva rainforest research station.
- Volunteer at the Fort Conde Museum.
- Explore the quaint cobbled streets and classic Spanish architecture of Old San Juan.
- Design and lead a Windsor Mountain Friendship Camp with Puerto Rican kids.
- Get a taste of "real life in Puerto Rico" by participating in fun activities with Puerto Rican peers.



# Colorado Leadership



DATES: 7/1 - 7/29 • 28 days • 12 students, Grades 9-12 • PROGRAM FEE: \$5,495  
Begins and ends at Denver International Airport, Denver, CO • Accommodations: camping  
Major Equipment Needs: backpack, hiking boots, sleeping bag and pad, rain gear

This 28-day physically demanding expedition takes twelve students on a journey into the backcountry of Colorado for a life-changing adventure that includes a Wilderness First Aid course, alpine mountaineering, backpacking, rock climbing, white-water rafting, and a student-led backpacking trek. While the breathtaking scenery of the Collegiate Peaks will inspire you, the real emphasis is on developing leadership skills that you can internalize and readily transfer home. With the support of your peers, you will explore and develop your own leadership style, accomplish amazing physical feats, and discover the joys and benefits of reaching far beyond your comfort zone! *Previous experience is required for this program.*

## PROGRAM HIGHLIGHTS

- Enjoy 4 days of white-water rafting on the always thrilling Arkansas River.
- Depart for the summit of a 14,000-foot peak under the cover of darkness.
- Learn advanced alpine backpacking techniques.
- Develop mountaineering skills: glissading; self-arresting; working at high altitude and as a member of a rope team.
- Advance your rock-climbing skills at Taylor Rocks. Learn how to set anchors and focus on solid belay and climbing techniques with the goal of making at least one multi-pitch climb.
- Participate in a Wilderness First Aid Certification course where instructors will teach wilderness protocols and life-saving skills. Return home with a WFA certificate of completion.
- Plan and execute a student-led backpacking trip in the remote backcountry with your fellow trip mates.





# Seattle to San Francisco

## Cycling Adventure

DATES: 7/1 - 7/24 • 24 days • 14 students, Grades 9-12 • SERVICE HOURS: 15-20 • PROGRAM FEE: \$4,395  
Begins in Seattle Sea-Tac Airport; ends in San Francisco • Accommodations: camping  
Major Equipment Needs: Call Angus Whyte for details, at 1-404-549-9197



It's all downhill—just check the map! This exciting program is designed for students finishing grades 9-12 who are intrigued by the idea of riding the wild, rugged, and breathtaking Pacific Coast through Washington, Oregon, and Northern California. Seattle to San Francisco is all about getting back to basics: back to two wheels, two strong legs, quiet country roads, and a desire to make a direct connection with the great outdoors, all through that most simple of machines, the bicycle. This is no ordinary bike tour: on this program, all personal and group gear will follow the group in a support van, which allows students to learn group riding (European-style), ride up hills without trouble, and speed down the other side as fast as they like. For those interested in outdoor adventure, environmental education, and community service, this program is perfect!

### PROGRAM HIGHLIGHTS

- Learn group cycling, outdoor cooking, and leave-no-trace camping.
- Ride the picturesque Pacific Coast: every day is like rolling through a postcard! The snow-capped peaks of Ranier, St. Helens, Hood and Shasta loom large as we head south. Keep your eyes peeled for seals, puffins, bald eagle and the always elusive Bigfoot, said to be hiding in the magnificent Redwood forests.
- Take a break from riding to kayak, surf, and swim in the Pacific.
- Attend the acclaimed Mad River Festival in Blue Lake, CA.
- Volunteer for the amazing network of community gardens that line the route from Seattle all the way to San Francisco.
- Work with grass-roots organizations to learn about cutting-edge green-energy practices and sustainable agriculture.
- Top off an amazing adventure with a final ride over The Golden Gate Bridge into San Francisco, where you'll have a raucous final banquet and tour the Ghirardelli Chocolate Factory!



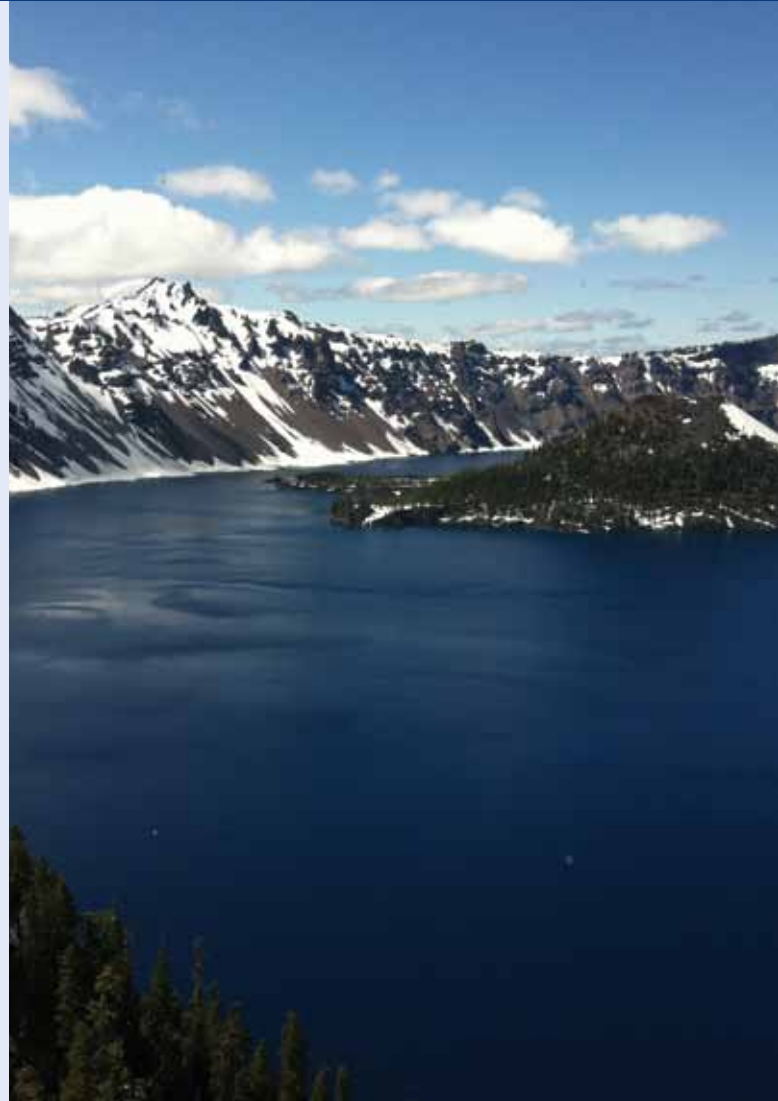


DATES: 6/30 - 7/21 • 22 days • 15 students, Grades 8-10 • PROGRAM FEE: \$4,695  
Begins and ends at Portland International Airport, Portland, OR • Accommodations: camping  
Major Equipment Needs: backpack, hiking boots, sleeping bag and pad, rain gear

From sandboarding on the dunes 500-feet above sea level to surfing in the majestic waters of the Pacific Ocean, Oregon is an adventure-lover's paradise. This action-packed experience offers a serious sampling of adventure and will leave you with a passion for the wilderness! Whether surfing, hiking through redwood forests, or skiing the glaciers of Mt. Hood, you will conquer some of Oregon's greatest challenges. Make camp on the beach, high up in the dunes, along rivers and in thick forests, and up in the mountains. No experience is required, but a sense of adventure is a must!

## PROGRAM HIGHLIGHTS

- Surf the long and rolling waves of the Oregon coast, where conditions are ideal both for beginning and experienced surfers.
- Experience the thrill of sandboarding down the dunes at the Oregon Dunes National Recreation Area – a truly unique adventure experience.
- Mountain bike near the adventure mecca of Bend on some of the best trails Oregon has to offer.
- Challenge yourself climbing the ancient rock walls of Smith Rocks State Park. The locals claim that Sport Climbing was invented here.
- Backpack the spectacular Columbia River Gorge. Hike through lush old growth forest to the majestic Punchbowl Falls.
- Visit the awe-inspiring Crater Lake National Park, an ancient water-filled volcano that is the deepest lake in the U.S.
- Pack up the rafts for an overnight white-water adventure on the Deschutes River.
- Ski the snow-covered slopes of 11,240-foot Mt. Hood. Shredding the slopes in middle of the summer is truly a blast.





# Adirondacks Adventure

DATES: 7/21 - 8/7 • 18 days • 14 students, Grades 7-9 • PROGRAM FEE: \$3,750  
Begins and ends TBD • Accommodations: camping  
Major Equipment Needs: backpack, hiking boots, sleeping bag and pad, rain gear



Our outdoor playground on this exciting 18-day expedition will be Adirondack State Park, the largest publically-protected area in the contiguous United States. This forest of six million acres offers pristine wilderness, roaring rivers, and over forty 4,000-foot peaks to explore. Powerful, magical, and transformative experiences happen when our students spend time bonding in these magical mountains. On this epic adventure, we spend nearly half of our time immersed in the backcountry. This expedition is perfect for first-time adventurers curious about adventure travel or experienced campers craving more time in the wilderness. If you have a sense of adventure, a spirit of determination, and a yearning for fun, this is the perfect program for you.

## PROGRAM HIGHLIGHTS

- Backpack through lush green forests to scenic vistas and camp out under the stars in remote wilderness areas. Weather conditions permitting you will summit a 4,000-foot peak.
- Kayak to uninhabited Lake Champlain islands for overnight camping.
- Raft the Hudson River Gorge, one of the top ten white-water rafting trips in the U.S.
- Learn navigation and paddling techniques.
- Master the art of Leave-No-Trace backcountry practices and develop a deeper appreciation for the environment.
- Learn to interpret tidal charts and to identify local weather patterns.
- Conquer tall granite walls and steep rock faces on some of the Northeast's best rock-climbing destinations.
- Venture with a helmet, headlamp and jumpsuit through deep caves and under beautiful stone arches that lead to underground waterways with a thrilling "cave float" at the exit.



# Peaks & Paddles



**DATES:** 7/25 - 8/8 • 15 days • 15 students, Grades 7-9 • **PROGRAM FEE:** \$3,595  
**Begins and ends at Portland International Airport, Portland, OR** • **Accommodations:** camping  
**Major Equipment Needs:** backpack, mid-weight hiking shoes, sleeping bag and pad, rain gear

Summertime in the Pacific Northwest is the perfect place to take your outdoor adventures to the next level! Mt. St. Helens, Mt. Hood, and Newberry Volcano are just some of the Cascade Mountain Range's volcanic wonders we visit during this 15-day adventure. Spend your days hiking, climbing, white-water kayaking, and skiing or snowboarding in this amazing natural playground. Visit the waterfall-laden Columbia River Gorge, and marvel at the snow-covered peaks, which paint the landscape. Travel to the high desert plateau of Central Oregon and the amazing Smith Rocks, North America's premier rock-climbing destination. Return home with a sense of accomplishment, increased self-confidence, new friends, and memories that will last a lifetime!

## PROGRAM HIGHLIGHTS

- Visit the Ape Caves, massive lava tubes that formed after an eruption of Mt. St. Helens 1,900 years ago. Legend has it that Bigfoot (or Sasquatch), has been spotted in this area!
- Choose from over 1,000 rock-climbing routes at legendary Smith Rocks State Park.
- Experience the thrill of skiing or snowboarding in July at Mt. Hood, the only ski mountain in the United States open to the public every month of the year.
- Perfect your white-water kayaking skills on the mighty Clackamus River. Discover if you have what it takes to perform the Eskimo Roll!
- Explore the cinder cones, lava flows, waterfalls, and caves at Newberry National Volcanic Monument, one of the most unique landscapes in the world.
- Hike the Trail of Ten Falls at Silver Falls State Park. Highlights include walking behind a curtain of water dropping 136 feet from the North Falls.





# Lewis and Clark Odyssey

## Climbing and Rafting Adventure

DATES: 6/30 - 7/13 • 14 days • 15 students, Grades 8-10 • SERVICE HOURS: 5-10 • PROGRAM FEE: \$2,995  
Begins and ends in Missoula, Montana • Accommodations: camping  
Major Equipment Needs: backpack, hiking boots, sleeping bag and pad, rain gear



For two action-packed weeks this summer, we'll explore the stunning beauty of Glacier National Park, the rugged, untamed mountains of the Selway-Bitterroot Wilderness, and the wild and scenic Lochsa River. Along the way, we'll explore deep river canyons filled with stretches of exhilarating whitewater rapids, visit the Nez Perce Reservation for a community-service project, follow the Lewis and Clark Trail across Lolo Pass and the Great Western Divide, and learn about the various ecosystems we encounter. From lush alpine meadows hidden in remote valleys, to glacial passes high above the tree line, if you want to challenge your body, heart, and mind—this program is for you.

### PROGRAM HIGHLIGHTS

- Explore the breathtaking mountains, pristine alpine meadows, ice cold mountain lakes, and enchanting forests of Glacier National Park.
- Learn the basics of Leave-No-Trace camping ethics and backcountry navigation.
- Challenge yourself as you test your new rock-climbing skills on granite faces that bring you to the most beautiful views you can imagine. The feeling of accomplishment as you look out over a magical mountain landscape will stay with you forever!
- Follow the Lewis and Clark Trail across Lolo Pass to explore the wild and rugged Selway-Bitterroot Wilderness hidden in the untouched Clearwater National Forest.
- Experience the adrenaline rush of paddling the Lochsa—a river with no dams, known around the world for its huge waves and unrestricted natural flow: this is really big water. Everyone paddles, everyone splashes, and everyone swims!



# New Orleans – Gulf Coast Relief



DATES: 7/2 - 7/12 • 11 days • 14 students, Grades 9-12 • SERVICE HOURS: 20-30 • PROGRAM FEE: \$1,995  
Begins and ends in New Orleans, LA • Accommodations: youth hostel  
Major Equipment Needs: sleeping bag and pad, multi-sport outdoor shoes, day pack

Take a trip to the Big Easy to experience the heroic efforts of the city's residents to restore their culturally rich community and rebuild a strong, ecologically friendly city. Learn from local activists and environmental leaders about the possibility of building green communities while picking up techniques you can take home to be an environmental activist within your own community. Over the last 6 years, New Orleans has been wrecked by two major environmental disasters. Even in the aftermath of these events — Hurricane Katrina and the BP Oil Spill — New Orleans spirit will inspire you, its food will comfort you, and its music will enliven your soul!

## PROGRAM HIGHLIGHTS

- Take part in Wetland restoration, helping to build a stronger natural barrier to protect the city from future storms.
- Participate in Wetland Educational Workshops and Wetland planting projects.
- Eat dinner with a local activist and participate in open dialogue about environmental stewardship.
- Learn from a local urban farmer about New Orleans' 'food desert' and his effort to bring fresh produce to the inner-city.
- Lead urban farming workshops for Lower 9th Ward children.
- Participate in one New Orleans resident's creative effort to reverse the city's carbon footprint by volunteering to visit resident's homes and replace inefficient light bulbs.
- Dance to a Jazz band at a traditional Sunday afternoon Second Line Parade.
- Eat gumbo at a restaurant run by local culinary history students.
- Develop environmental leadership skills and bring the lively spirit of New Orleans back to your own community!





# Testimonials

“The experience exceeded my expectations by leaps and bounds! When my daughter returned, she had a light in her eyes and a shining energy I had never seen before! She grew as a human being in many ways. I see not only a new-found confidence, but a major growth in emotional intelligence and heart-connectedness. A larger social consciousness and world view is also emerging, and I think this experience will very much impact her college and career choices in a very, very positive way. I am thrilled with the depth of the experience. I believe this trip has helped my daughter become a better global citizen.”

- Parent of Caribbean Travel Student

“Our son has returned from Peru in wonderful spirits. He said the whole trip was amazing – interesting, fun, educational – and that he liked everybody on the trip and thought [the leaders] were terrific. He feels a great sense of accomplishment and pride. I know such an experience is only possible with a lot of hard work and sensitivity – thank you so much for all that you and your staff did to make this such a successful trip.”

- Parent of Peru Travel Student

“I am happy to say that I feel much less material and more conscious of my impact on other people and the world.”

- Southern Africa Travel Student

“I have learned how to not just physically but mentally push myself.”

- Caribbean Travel Student

“You ran a great program! Our daughter got more out of it than I could’ve ever imagined. Thanks to you and all that made it possible. Thanks!”

- Parent of Caribbean Travel Student

We drove home last night with our daughter ... bubbling with energy about Africa, her group, and the leaders. Her description of [her leaders] as “always positive, never flustered” is a real tribute to their professionalism and ability to guide a diverse group of teenagers through three countries, hundreds of miles, dozens of meal preparations, and thousands of conversations, large and small. We kept looking at each other in the car as she was talking, and our response was a constant “wow!” We are so happy for her, and for her group, that they had this special experience. Amazing.

- Parent of Southern Africa Travel Student

“I learned that I am a stronger person than I thought and that I should never give up.”

-New England Adventure Travel Student

“Thanks so much for everything. Our daughter seems so much more mature than before she left. She can’t say enough wonderful things about her experiences, and clearly she gained perspective on her life.

- Parent of Southern Africa Travel Student

“I can’t say enough good things about the leaders. My daughter had one of the best summers of her life. She grew and matured as a result of the sensitive and skillful leadership of these two individuals.”

- Parent of Puerto Rico Travel Student



# Commonly Asked Questions



## WHO ENROLLS IN WMST PROGRAMS?

Our students come from many different backgrounds, but all share the common traits of curiosity, openness, and a desire to learn and share. Our students have a spirit that thrives on adventure, and are committed to a summer experience that is both educational and fun.

## WHERE DO YOU FIND YOUR LEADERS?

Our leaders are professional educators over the age of 23, and come from all over the world. Many have backgrounds in classroom teaching, outdoor education, international relations and/or humanitarian aid. Each leader is put through a lengthy interview process (including background checks) and required to participate in a 2 week pre-trip staff training at our International Summer Camp. We have a large pool of applicants and choose only the best.

## WHAT IS YOUR SAFETY RECORD?

We have been operating longer than almost any other youth travel organization in the US, and in almost half a century have never had a major incident. Our staff has excellent medical and emergency training to handle unexpected situations properly, and we expect students to follow our rules in order to ensure the safety of all participants.

## WHAT WILL I EAT?

One of the great skills students learn on our trips is basic cooking. Our groups make nutritious, tasty meals, which help students keep up the level of energy needed to participate in an active summer adventure. Many of our students are vegetarian, and we can accommodate special dietary needs.

## WHERE WILL I SLEEP?

Our trips include a variety of accommodations including student dormitories, youth hostels, home stays, hotels, and camping out under the stars in good weather.

## HOW STRUCTURED ARE THE TRIPS?

While we encourage an atmosphere of openness, freedom and independence on all of our programs, we also believe that this atmosphere must be grounded in a safe and responsible structure. We adhere to three fundamental rules which ensure the safety of our students and foster a positive experience for the entire group: 1) No use of drugs, alcohol, or tobacco products; 2) No unauthorized absences from the group; 3) No exclusive relationships. Within these rules, we give students lots of freedom and responsibility.

## DO STUDENTS JOIN ALONE OR WITH A FRIEND?

Most students join by themselves, but we certainly encourage students to join with friends as long as they are ready to make new friends and include all other members of the group equally in their summer experience.

## CAN I PHONE HOME WHILE ON MY TRIP?

Students will call home up to three times during the program, including a “safe landing” call upon arrival in their destination country. Call dates will be marked on a calendar sent to families in the spring.

## CAN MY FAMILY MEET ONE OF YOUR REPRESENTATIVES BEFORE THE SUMMER?

Yes! If you would like to schedule a home visit or learn about when we will be visiting your area for prescheduled fairs and information sessions, please call us at 800-862-7760.

## IS THERE FINANCIAL AID AVAILABLE?

Financial Aid ensures that the Windsor Mountain circle will continue to be one of cultural and socioeconomic diversity, one of our core values and a mirror of our educational mission. Please check our website for more details and an application: [www.windsormountaintravel.org](http://www.windsormountaintravel.org).

## CONTACT US:

For more information on any of our travel programs, please contact us:

Address: Windsor Mountain Student Travel  
One World Way  
Windsor, New Hampshire 03244

Web: [www.windsormountaintravel.org](http://www.windsormountaintravel.org)

Phone: (800) 862-7760; (603) 547-7856

Email: [angus@windsormountain.org](mailto:angus@windsormountain.org);  
[jason@windsormountain.org](mailto:jason@windsormountain.org);  
[jake@windsormountain.org](mailto:jake@windsormountain.org)

## TO APPLY:

Please visit our website ([www.windsormountaintravel.org](http://www.windsormountaintravel.org)) and click "Enroll" on the homepage

## SUMMER CAMP:

Windsor Mountain also offers a summer camp program for students finishing grades 2-10, in Windsor, NH. Some travel programs can be combined with a camp session.

If you would like more information please visit our camp website: [www.WindsorMountain.org](http://www.WindsorMountain.org), or call Jake Labovitz, owner and director, at 1-800-862-7760, to discuss options or to arrange a meeting at your convenience.



### ANGUS WHYTE, DIRECTOR, TRAVEL PROGRAMS

Fourteen years ago, with a background in theatre and interested in a summer job, I applied to lead a program for Windsor Mountain International. Who else was going to pay me to guide students through New England performing in town squares, gazebos and at street fairs?

We based our show on the ideas, concerns

and issues pressing on the minds of our students. As a group we explored: *Why do we believe in peace and equality? Why do we believe that people should respect one another, and communicate openly and honestly? Why do we believe that we can live in a world without violence and conflict? Why do we believe that friendship and understanding can heal wounds and lead the world into a peaceful future?*

I understood what an amazing position I was in: as a travel program leader, I had the chance to lead by example, and teach these fundamental values to teenagers. I was empowered to tell my students, right at a critical moment in their development, "Yes, step outside of your comfort zone, and take risks. Yes, listen to and respect

one another. Yes, pull your weight in the group, and take responsibility for your actions." I had no idea that over a decade later, I would find myself in an even better position—in the driver's seat, selecting and training amazing leaders, speaking with motivated students about summer possibilities, and designing programs that allow my educational experience and creative energy to flourish. Along with the entire team at Windsor Mountain, I help create transformational experiences for young adults who are searching for meaning and direction in their lives. And to the question, "What is possible when a group of people meet as equals and agree to work towards a common goal?" I have an answer: "Everything."

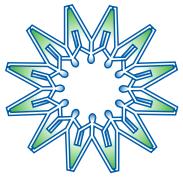


### JASON ECKMAN

After graduating from the University of Oregon in 1996, I set out to fulfill my lifelong quest of thru-hiking the Appalachian Trail. It was within the first 2 weeks of my journey in the wilderness that I realized my passion, and my life and

career plans would be changed forever. My love for the outdoors has led me to the summit of Mt. Rainier, sea kayaking in Fiji, canyoneering in Spain, tele-skiing in the Colorado Rockies and backpacking over much of the Pacific Northwest and New England – and more importantly, to a career in wilderness education. I have spent most of my life doing everything I can to positively impact the lives of young people through experiential learning as the director of Longacre Expeditions, a wilderness guide, an environmental educator, and as a high school teacher. I have seen first-hand the value and benefits the wilderness can have on young

people. As a parent of two little ones, I am motivated, now more than ever, to ensure that young people are given the opportunity to connect to the wilderness and the outdoors, "unplug" from the technological world, and rediscover the value of human interaction. Kids need to be outside. Kids need to have fun. They need to find their inner-leader and discover themselves and the person they wish to be. When children experience the success of physical accomplishment, the joy of belonging to a community, and the rewards of traveling to some of the world's most beautiful places, the possibilities are endless!



# WINDSOR MOUNTAIN International Student Travel

One World Way, Windsor, NH 03244  
[www.windsormountaintravel.org](http://www.windsormountaintravel.org)  
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*Exploring the World Since 1967.*